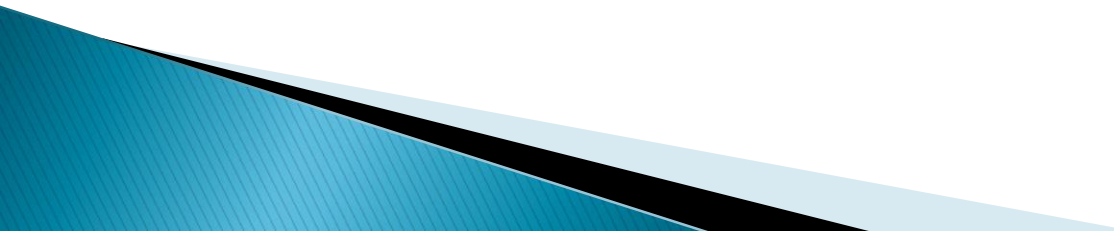
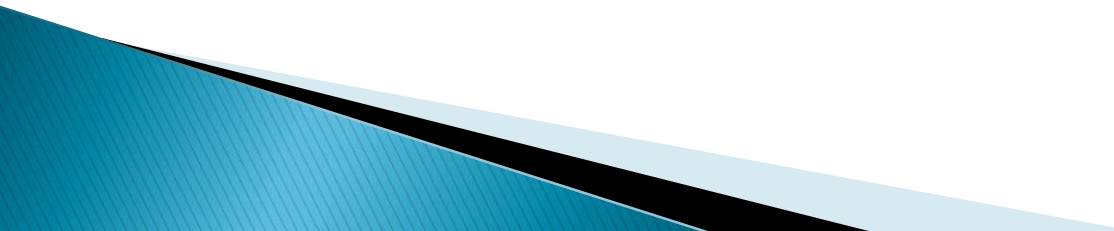


Emotional Development



Introduction

- ▶ Etymologically, the word 'emotion' is derived from Latin word 'emovere' which means to 'stir up', 'to agitate', and 'to excite'.
 - ▶ R.S. Woodworth 1945, by making use of this explanation has defined emotion in this way, "Emotion is a moved or stirred up state of an organism".
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- ▶ Emotional development is one of the major aspect of the human growth and development. Emotions like love, anger, fear, anxiety, etc. plays a great role in the development of a child's personality. Not only his physical growth and development is linked with his emotional make up but his intellectual, social, moral and aesthetic development are also controlled by his emotional behaviour and experiences.
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- ▶ Proper training and education will go a long way to enable the young people to control their emotions and obtain mental balance and stability.
- ▶ It has been rightly said, " To keep one's emotions under control and be able to conceal them is considered a mark of strong character."

Signs of Emotion

- ▶ Emotions may be external or physiological and internal or psychological. Important signs of emotions in an individual are increase in heart, breath, rise in blood pressure, increase in respiration, hair standing on end (Goosebumps), increase in muscle, tension, change in expressions on face, etc.

- ▶ Mc Dougall discovered 14 basic instincts and pointed out that each and every emotion, whatever may be, is the product of some instinctive behaviour.

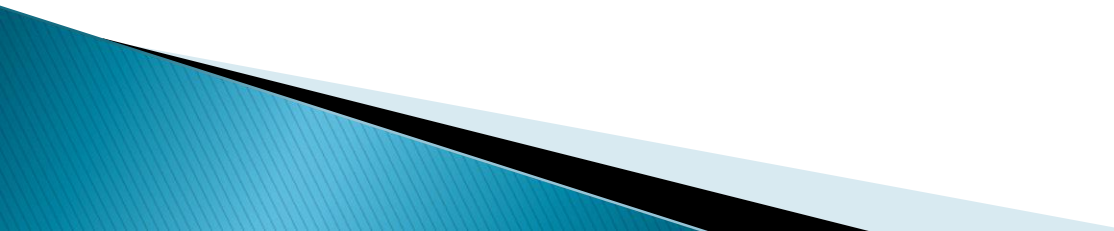
Instinct

Emotion accompanying an instinct

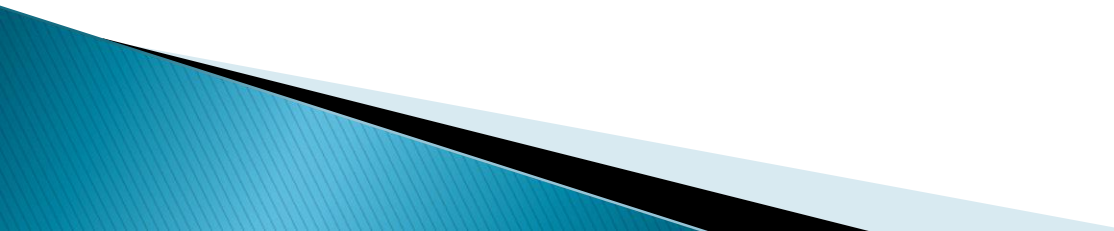
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|---------------------|--------------------------|
| 1. Acquisition | Feelings of ownership |
| 2. Appeal | Distress |
| 3. Contraction | Feelings of creativeness |
| 4. Curiosity | Wonder |
| 5. Flight or Escape | Fear |
| 6. Food seeking | Appetite |
| 7. Gregariousness | Feeling of loneliness. |

8. Laughter	Amusement
9. Parental	Tenderness, Love.
10. Pugnacity or Combat	Anger
11. Repulsion	Disgust
12. Self assertion	Positive feeling and elation
13. Sex, Mating	Lust
14. Submission	Negative Feeling.

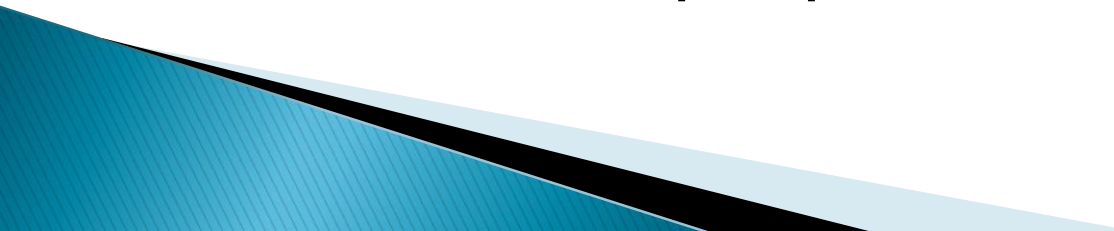
Characteristics of Emotion

- ▶ Emotions are temporary.
 - ▶ Emotions rise abruptly but die slowly.
 - ▶ The same emotion can be aroused by number of different stimuli – objects or situations.
 - ▶ Emotions differ from person to person.
 - ▶ Emotions are frequent.
 - ▶ Emotions are expressed in relation to concrete objectives or situations.
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Characteristics of Emotion

- Every emotional experience involves several physical and psychological changes in the organism. Some of these changes, like bulge of the eyes, flush of the face, flow of tears, pulse rate, are easily observable. Also, there are internal physiological changes like circulation of blood, impact on the digestive system and changes in the functioning of some glands.
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Characteristics of Emotion

- ▶ Small children fail to hide their emotions and express them indirectly through different activities like crying, nail-biting, thumb-sucking and speech difficulties.
 - ▶ Emotions are prevalent in every living organism.
 - ▶ Emotions are present at all stages of development and can be aroused in young as well as in old people.
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Characteristics of Emotions

- ▶ One emotion may give rise to a number of likewise emotions.

Factors influencing emotional Development

1. Health and Physical Development of an Individual.
 2. Intelligence and Emotional Development.
 3. Family environment and Emotional development.
 4. School Environment.
 5. Peer Group relation and emotional development.
 6. Neighbourhood, community, society's environment and emotional development.
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References

- ▶ Development of Psychology by Krishna Kumari Chetry

Thank You