


GROWTH AND DEVELOPMENT

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Concept of Growth

- ▶ Growth refers to the process of increase or expansion in size, quantity, or degree. It involves a measurable or observable change over time, resulting in improved performance, productivity, or capacity.


Characteristics of growth

- ▶ 1. Increase in size or quantity
 - ▶ 2. Expansion or enlargement
 - ▶ 3. Enhancement of existing capabilities
 - ▶ 4. Improvement in performance or productivity
 - ▶ 5. Rise in numbers or volume
 - ▶ 6. Irreversibility: Growth cannot be easily reversed
 - ▶ 7. Positive direction: Growth moves in a positive direction
 - ▶ 8. Interdependence: Growth is interconnected with other factors
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Concept of Development

- ▶ Development refers to the process of transformation, improvement, or progression from a simpler to a more complex, advanced, or mature state. It involves qualitative changes that enhance the capacity, functionality, or well-being of individuals, organizations, or societies.
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Characteristics of Development:

- ▶ 1. Transformation: Development involves change and transformation.
 - ▶ 2. Progression: Development occurs over time, with a clear direction.
 - ▶ 3. Improvement: Development enhances capacity, functionality, or well-being.
 - ▶ 4. Complexity: Development involves increasing complexity.
 - ▶ 5. Integration: Development integrates new knowledge, skills, or experiences.
 - ▶ 6. Adaptability: Development requires adaptability to changing circumstances.
 - ▶ 7. Self-sustaining: Development is self-sustaining and reinforcing.
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Difference between Growth and Development :

Growth

1. *Growth is physical change of an individual like increase in size, weight, height etc.*
2. *It focuses on quantitative improvement. For instance a child visibly grows in weight and height.*
3. *Growth is limited to a certain level, i.e. a person's height grows till a certain age*

Development


1. *Development means overall change in physical organs or the structure.*
2. *Development focus on both qualitative and quantitative refinement. For instance, a child's I. Q. increases with the growing age.*
3. *Development is not limited. It is a continuous process.*

- 5. Growth stop when maturity has been attained*
- 6. Changes produced by growth can be observed and measured directly.*
- 7. Growth depends on the cellular changes, i.e. a child grows into an adult.*

- 5. Development is continuous process, starting from the conception and continuous till death.*
- 6. Development changes cannot measured directly.*
- 7. Development is basically organizational growth.*

Conclusion :

From the above discussion we can conclude that growth and development are often used interchangeably by most people but these two terms have different meaning –Both the terms are used to refer to that occurs in the individual throughout the life.



THANK YOU